

COMMUNION GUIDE

for Families



How did Communion start? It all started when Jesus was celebrating Passover with his friends, the disciples. It came to be known as the Last Supper.

PASSOVER

Passover is a festival Jewish people celebrate to remember how God freed the Israelites from slavery in Egypt.

While they were eating, Jesus took the bread and thanked God. He broke the bread and gave it to the disciples. Then he held up a cup of wine. He told the disciples to remember what he did every time they ate bread and drank wine.

What did Jesus do?

God loves you. But there is something that separates us from Him. It's called sin. It's the stuff we do wrong. Sin keeps us from living out the story that God wants for us. On our own, we can't make this right. We need God to step in and help. Because God loves us, He came to us as the person of Jesus. Jesus gave up His life on the cross to pay for our sin. Three days later, Jesus rose from the dead! His resurrection defeated death and makes a relationship with God possible again.

Who should take Communion?

Communion is taken by anyone who follows Jesus.

Why do we do Communion?

Jesus wanted to give us a way to remember what He did for us.

What does the bread and wine mean?

The bread and wine are symbols. Just like a heart is a symbol of love. The bread (or cracker) represents Jesus' body. The wine (or juice) represents Jesus' blood. They are just things to help us remember what Jesus did for us.

You can read more about Communion in your Bible. 1 Corinthians 11:23-28;

Matthew 26:26-28 and Luke 22:7:20.

You can also read about it in the Jesus Storybook Bible, starting with the story of "The Servant King" on page 286, or in the Bible for Children app, starting with "A Goodbye Meal".

How should we participate in Communion?

During Communion you will get a small piece of bread or cracker and a little cup of juice.

When we eat the bread and drink the juice we remember that Jesus died for us, to pay for our sins.

We take a moment to be quiet. During this time we think about our sins, the things we need to say sorry for and ask Jesus to forgive us.

We take some time to pray and to thank Jesus.

