

Therapists & Spiritual Directors

Contact a therapist or spiritual director to find out more regarding online & in-person sessions, sliding scale options or further specialties.

Asher Dreise Psychotherapy, Waterloo

<https://www.asherdreise.com/>

EFT, EMDR Therapy / Individual and Couples

Sandra Harrison, Guelph

<https://resonance-counselling.ca/>

Trauma / EMDR / Individual & Couple

MA, Registered Psychotherapist

Andrea Groenewald, Guelph

<https://fivestarrelationships.com>

Registered Psychotherapist, Marriage and Family Therapist

Alison Buchan - Oakville

<https://oakscounselling.com/about>

Trauma, Addiction & Mental Health

MSW, RSW, CSAT

Nick Cardases, KW

<https://www.psychologytoday.com/ca/therapists/nick-cardases-kitchener-on/406484>

Registered Psychotherapist, MDiv, MA, RP

Addiction, Trauma & Mental Health / IFS Therapy

Esther Allison, Elora ON

<https://www.estherallison.ca>

Registered Psychotherapist, MA Spiritual Care & Psychotherapy, OAMHP

Individual & Family and Couple therapy

EMDR / EFT

Sharon Solderholm - Guelph

Individual Therapy / EFT

sharonsoderholm@gmail.com

Nick Law – Guelph

<https://mylifecounselling.ca/counsellors-guelph/nick-law/>

nick.law@mylifecounselling.ca

Registered Psychotherapist

Individual and Couples / IFS / CBT

By Peaceful Waters - Office in KW/ Multiple Locations

<https://bypeacefulwaters.ca>

Corey Sleep – Hamilton, ON

<https://coreysleep.net/>

Registered Psychotherapist / CBT

Child and Youth

Emma Harrison - Guelph

<https://resonance-counselling.ca/>

Masters in Spiritual Care & Psychotherapy

Individuals 14 years +

Spiritual Directors

Robyn Ferrier - Guelph

robyn@robynferrier.com

Christa Hesselink – Guelph Area

<https://www.soulplay.ca/spiritualcoaching>

By Peaceful Waters - Office in KW/ Multiple Locations

<https://bypeacefulwaters.ca>